

DIABETES QUEENSLAND - RESOURCE ORDER FORM

Diabetes Queensland supplies free, reliable and up-to-date resources and information for people living with diabetes. Some information is available to download and print, and hard copies are available by completing the form below.

This form can be returned by: email to resource.coordination@diabetesqld.org.au or by fax to (07) 3506 0909.

Contact details

First name:		Surname:	
Organisation:		Position:	
Diabetes Queensland membership no.:		Membership type:	individual organisation none
Postal address:			
Suburb / Town:		Postcode:	
Email:			
Phone:			

National resources

All fact sheets are available for download at www.ndss.com.au/publications-resource
Factsheets marked with an asterisk (*) are available in other languages and available to download at www.multiculturalportal.ndss.com.au

FACTSHEETS

UNDERSTANDING DIABETES			DIABETES AND LIFESTYLE		
Description	Max Qty	Order	Description	Max Qty	Order
Understanding type 1 diabetes*	1		Alcohol	1	
Understanding type 2 diabetes*	1		Physical activity*	1	
Understanding pre-diabetes*	1		Eating out	1	
Understanding gestational diabetes	1		Healthy snacks	1	
			Hints for healthy cooking	1	
			Understanding food labels	1	
DIABETES AND RELATED HEALTH			Carbohydrate counting	1	
Description	Max Qty	Order	The glycaemic index	1	
Looking after your kidneys	1		Food choices for people with diabetes*	1	
Looking after your feet	1		Healthy meal ideas	1	
Looking after your heart	1		Alternative sweeteners	1	
Looking after your eyes	1				
Looking after your dental health	1		DIABETES AND EMOTIONAL HEALTH		
Diabetes-related complications*	1		Description	Max Qty	Order
Diabetes annual cycle of care	1		Adjusting to life with diabetes	1	
Sexual health and diabetes	1		Peer support	1	
MANAGING DIABETES			Concerns about starting insulin	1	
Description	Max Qty	Order	Fear of hypoglycaemia	1	
Managing hypoglycaemia*	1		Diabetes distress	1	
Pregnancy and diabetes*	1		Diabetes and anxiety	1	
Polycystic ovary syndrome	1				
Coeliac disease	1		OLDER PEOPLE		
Sick days and type 1 diabetes	1		Description	Max Qty	Order
Sick days and type 2 diabetes	1		Healthy eating for older people	10	
Steroid medications	1		You and your health care team	10	
Insulin	1		Managing diabetes as you age	10	
Medication for type 2 diabetes	1				
Blood glucose monitoring	1				
Travel	1				
Surgery and hospital stays	1				

OTHER					
YOUNG PEOPLE			TRANSLATED RESOURCES		
Description	Max Qty	Order	Description	Max Qty	Order
Moving on up booklet	5		Caring for yourself & your baby booklet	1	
Mastering diabetes booklet	5		Life after gestational diabetes booklet	1	
DIABETES AND PREGNANCY			REGISTRATION FORM		
Description	Max Qty	Order	Description	Max Qty	Order
Having a healthy baby booklet:			NDSS registration form for patients	50	
Type 1	10				
Type 2	10				
EMERGENCIES			ACCESS POINTS ONLY		
Description	Max Qty	Order	PRODUCT SUPPLY		
Description	Max Qty	Order	Description	Max Qty	Order
My diabetes emergency plan leaflet	10		NDSS testing strips order form		online only
<u>In an emergency companion flyer</u>		online only	<u>NDSS pen needles/syringes order form</u>		online only
<u>In an emergency A3 poster</u>		online only	<u>NDSS IPC order form</u>		online only
			B4 Reply Paid envelopes	10	
MY DIABETES					
Description	Max Qty	Order			
<u>Driving and diabetes</u>		online only			
<u>Driving & recent severe hypoglycaemia</u>		online only			

Diabetes Queensland resources

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PREVENTION			ABORIGINAL & TORRES STRAIT ISLANDER RESOURCES		
Description	Max Qty	Order	Description	Max Qty	Order
Tape measures	10		NDSS What you need to know brochure	10	
AusDrisk test brochure	10		Indigenous Wallet Care Cards	25	
AusDrisk supporting info brochure	10		Fight diabetes:		
			Poster 1, A3	5	
			Poster 2, A3	5	
			DL Brochure	10	
MANAGING DIABETES			BOOKS		
Description	Max Qty	Order	Description	Qty	Order
Diabetes Queensland membership information and application form	5		Managing Diabetes	5	
Annual Cycle of Care brochure	10		Healthy Eating	5	
Tips to shop smart (information cards)	10		My Feet	5	
Know your label bookmark	10		Exercise	5	
Your feet and nerve damage booklet	5				
Insulin pump booklet	5				
Emergency Poster A4	5				
Counting carbohydrates guide	20				
<i>For use by health professional when consulting.</i>					
<i>Provider no.:..... Dietitian DE Endocrinologist</i>					
CULTURALLY AND LINGUISTICALLY DIVERSE (CALD)			GESTATIONAL DIABETES INFORMATION		
Description	Max Qty	Order	Description	Max Qty	Order
What you need to know - type 2:			What is gestational diabetes	5	
Arabic*	5		Eating for gestational diabetes	5	
Chinese*	5		About the Oral Glucose Tolerances test	5	
Samoan*	5		Starting insulin	5	
			After baby is born	5	

Privacy Declaration

By completing this form, you consent to Diabetes Queensland using this information to contact you in response to the selected areas. Diabetes Queensland only uses that information for the purpose for which you have provided it to us. This information will not be disclosed to any person, body or agency except where you have provided your consent or it is permitted by law. For more information, please read the Diabetes Queensland Privacy Policy by [here](#).