Welcome to your World Diabetes Day edition of One Wonders.

One of the most common things people with type 1 diabetes tell us is that the broader public don't understand what it is like to live with the condition. So this World Diabetes Day (WDD) we’ve tried something new to spread the word about life with type 1 diabetes.

Journalists from across Queensland will be getting a small insight into what it is like to live with the condition and then talking about it in their communities.

We also launched the hashtag #t1d4meis, which saw hundreds of people just like you turn to social media to proudly tell the world what it's like to live with type 1 diabetes.

In this month’s edition we also bring you 9 everyday reactions from cats and dogs to type 1 situations, information on how you can get involved in Hot Pursuit, the latest on type 1 diabetes
research and more!

If you would like to send us feedback or have a topic you’d like covered in One Wonders you can drop us a line at media@diabetesqld.org.au. If you want to stay up-to-date with all the latest in diabetes news, like us on Facebook and follow us on Twitter.

Warm regards,

Diabetes Queensland

NEWS

Diabetes for a day

Living with type 1 diabetes is a 24/7, 365-day-a-year job. For life. This year, for World Diabetes Day, we wanted Queenslanders to get a little insight into the day-to-day reality of life with the condition.

We’ve recruited journalists from across Queensland to test their blood glucose levels, practice injecting insulin, count carbs and carry a hypo kit. We’ve also provided feedback from our Facebook page to help them understand the mental and emotional impact of the condition.

Check back on our

#t1d4meis

Meet nine-year-old Matthew Druce, who has fourth generation type 1 diabetes.

His late father lived with the condition until he passed away five years ago, and his grandmother and great-grandmother still live with the condition today.

While hashtagging on social media is a bit of a foreign concept to grandma and great-grandma Druce, like many, they jumped at the chance to be part of DiabetesQueensland’s social media campaign #t1d4meis where you get to tell the world what living with this life-altering condition means to you.
Facebook page and we’ll post links to the journalist’s stories where we can.

It’s not too late for you to get involved.

Read more >

It's not too late for you to get involved.

Read more >

9 everyday reactions from cats and dogs to type 1 situations

Ever wondered what your facial expressions would look like if you were a cat or a dog? No? Well we’ve done it for you.

Click here for your Friday funny.
Walk to Work Day

Did you know today is also Walk to Work Day? Walking to work is a great way to fit some incidental physical activity into your day.

Diabetes Australia has been named the official charity partner for the event and thousands of people across the country showed their support by walking to work this morning. If you didn’t get a chance to take part today, it’s not too late to get involved.

Diabetes Queensland is encouraging you to give it a go next week and make a donation to the organisation that supports you. You can participate as an individual or get your friends together to create a team. Organisations may also wish to support their employees’ fundraising efforts, or create a company team.

For more information visit Walk to Work day.

Gear up revheads!

Have you got what it takes to compete in Brisbane’s Hot Pursuit for Diabetes Queensland?

The ‘Top Gear’ styled challenge will test your skills as you drive a large intricate course with precision and attempt to top the leader board to be crowned.

Stem cell research breakthrough

A new stem cell research breakthrough is being hailed as a possible step towards finding a cure for type 1 diabetes.

Using human embryonic stem cells, United States Harvard researchers have developed a technique that allows them to create...
Brisbane’s Hot Pursuit Best Driver of 2014.

But there’s a catch – this challenge tests your skills, so cones knocked during your timed drive will see a full second added to your final time.

The best news is proceeds from this event will go to Diabetes Queensland, to help us continue the work that we do supporting people with all kinds of diabetes.

Vroooooooom! We know you want to find out more. Click below.

Read more >

Insulin-producing cells in quantities sufficient for both drug discovery and transplantation in people with diabetes.

While scientists have previously managed to produce insulin-producing cells from human stem cells, they lacked many of the functional characteristics of pancreatic, insulin-producing beta cells.

However, the new technique allowed the team to produce hundreds of millions of mature beta cells from stem cells.

Read more >

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